



# Cast Your Care Upon Him

San Diego Convention – November 25, 2018

# 1 Peter 5:7

“Casting all your care upon Him; for He cares for you.”

– *King James*

“Cast all your anxiety on him, because He cares for you.”

– *New Revised Standard*

“Throw the whole weight of your anxieties upon Him,  
for you are His personal concern.”

- *Phillips*

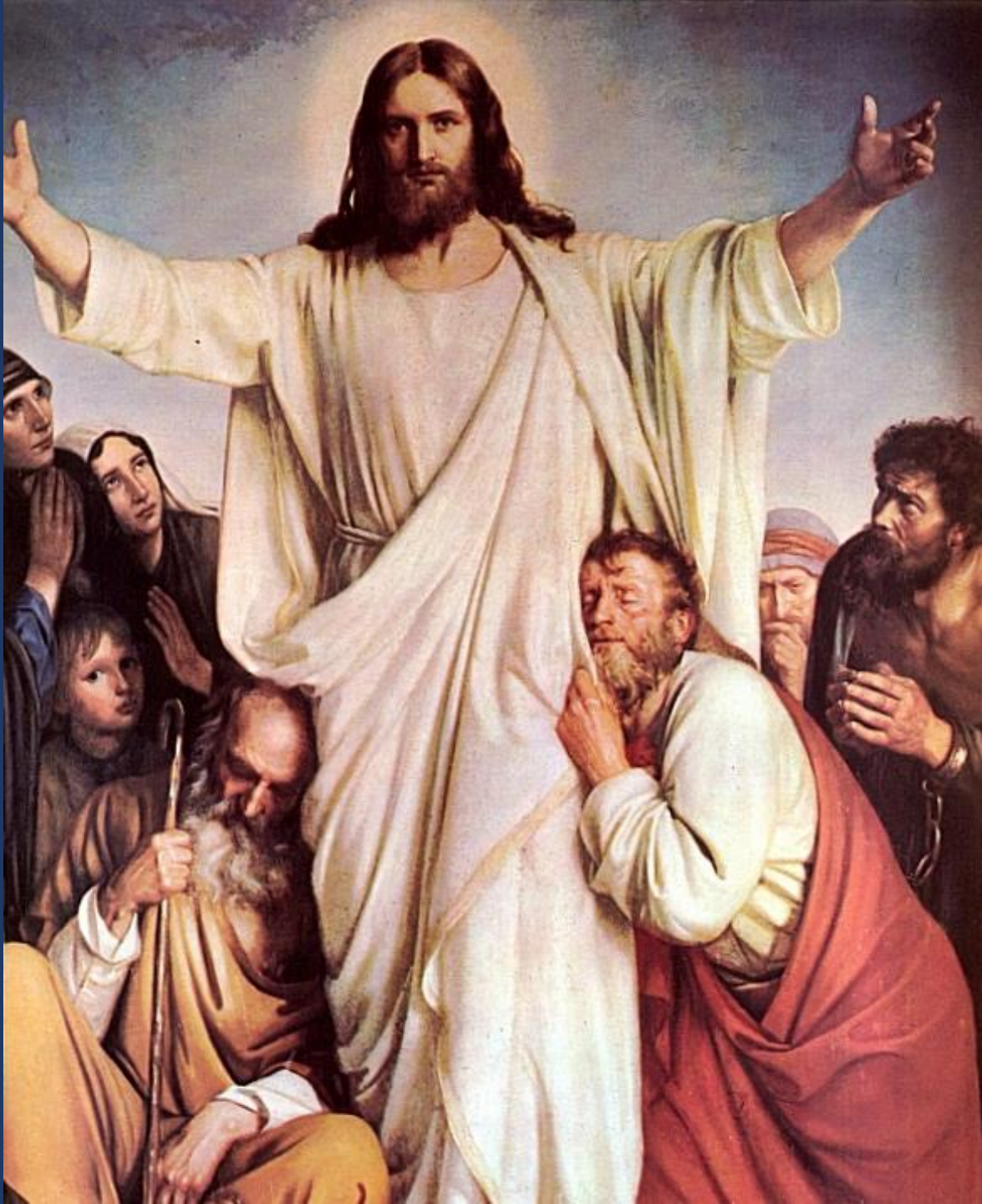


“Take heed to yourselves, lest at any time your hearts be overcharged with the cares of this life, so that day come upon you unawares.”

A dramatic seascape with a stormy sky and lightning. The sky is filled with dark, heavy clouds, and several bright, jagged lightning bolts are visible, illuminating the scene. The ocean below is a deep blue with white-capped waves, suggesting a powerful storm. The overall mood is one of awe and divine power.

“For as a snare shall it come on all them that dwell on the face of the whole earth.”

*Luke 21:34-35*



“Come to Me,  
all who are weary  
and heavy-laden,  
I will give you  
rest.”

*Matthew 11:28*

“Take my yoke upon you . . .



and learn of me . . . .”

“For I am  
meek  
and lowly  
of heart,



and you  
shall find  
rest unto  
your  
souls.”

*Matthew 11:29*

“For my yoke is easy, and



my burden is light” – *Matthew 11:30*

“For my yoke is easy, and



my burden is light” – *Matthew 11:30*

# 1 Peter 5:7 - “*all your care*” and “*His care*”

Casting all your care **G3309** upon Him; for He cares **G3199** for you.  
– *King James*

**G3309** – merimna  
(through the idea of distraction); solicitude: -care

**G3199** – melo  
to be of interest to, that is, to concern: - (take) care.

# Improper Care

- Worry about matters beyond our control.
- Worry about others choices and actions.
- Worry about our own insufficiency.
- Worry about evil and injustice in the world.
- Anything disturbing to the Christian's peace of heart.
- Anything which distracts from God's service.



## Improper Care

“And which of you by being anxious can add a single cubit to his height?”

*Matthew 6:27*



## Improper Care Martha and Mary

“Lord, do you not care that my sister has left me to do all the serving alone? Tell her to help me.

The Lord answered, Martha, Martha, you are worried and bothered about so many things.”

*Luke 10:40, 41*



## Improper Care

“Pardon your servant, Lord,  
I am slow of  
speech and  
tongue . . .

*Exodus 4:10-13*



# Improper Care

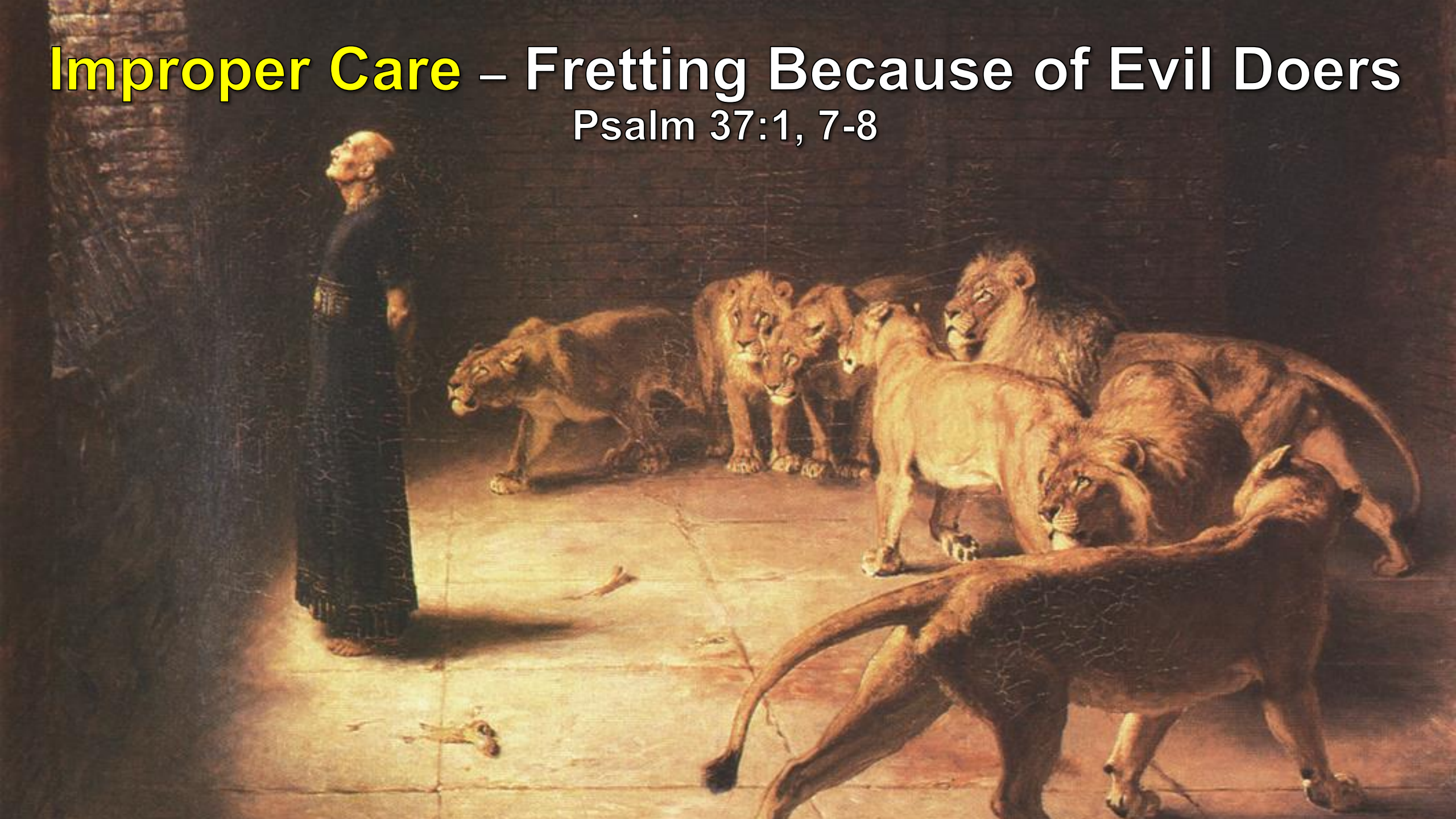
“Pardon your servant, Lord, I am slow of speech and tongue . . .

Please send someone else.”

*Exodus 4:10-13*

# Improper Care – Fretting Because of Evil Doers

Psalm 37:1, 7-8



# Proper Care

- Providing things needful for ourselves and dependents.
- Faithful stewardship of matters God puts in our care.
- Doing good to others as opportunities arise.
- Bearing the burdens of fellow Christians.
- Shepherding the flock of God.

NOTE: Proper cares become anxieties when our heart is overcharged with these responsibilities.



## Proper Care

“That the body members may have the same care one for another.”

*1 Corinthians 12:25*



## Proper Care

“Besides everything else, I face daily the pressure of my concern for all the churches.”

*2 Corinthians 11:28*



# The Good Shepherd

John 10:11-13; 1 Peter 5:1-4

“I am the good shepherd; the good shepherd lays down His life for the sheep . . . the hireling cares not for the sheep.”

“I exhort the elders . . . Shepherd the flock of God . . . as God would have you do it.”



Discipline yourselves,  
keep alert!



Discipline yourselves,  
keep alert!

“Like a roaring lion  
your adversary the  
devil prowls around,  
looking for someone  
to devour.”

*1 Peter 5:8*



# Be Aware of Satan's Devices



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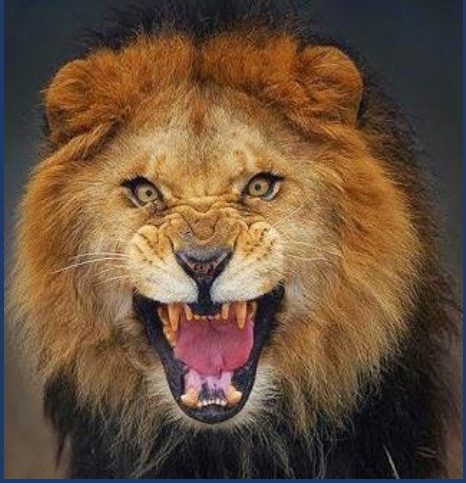
## You are so small and insignificant:



Be Aware of Satan's Devices

You are so small and insignificant:

God does not care about you.



# Be Aware of Satan's Devices

You are so small and insignificant:

God does not care about you.

The promises don't apply to you.



# Be Aware of Satan's Devices

You are so small and insignificant:

God does not care about you.

The promises don't apply to you.

You can never attain the high calling.



# Threat

“The seed that  
fell among the  
thorns are  
those choked  
with worries . . .  
who bring no  
fruit to  
maturity.”

*Luke 8:14*

Do not worry then, saying, What shall we eat?  
What shall we drink? What shall we wear?

Your Father  
knows you  
have need  
of all these  
things



Seek first the  
kingdom of  
Heaven and His  
righteousness,  
and all these  
things shall be  
added unto you

# How to Cast Your Care upon Him

Be anxious for nothing,

*Philippians 4:6*

# How to Cast Your Care upon Him

Be anxious for nothing,  
but in everything by prayer and supplication

*Philippians 4:6*

# How to Cast Your Care upon Him

Be anxious for nothing,  
but in everything by prayer and supplication  
with thanksgiving

*Philippians 4:6*

# How to Cast Your Care upon Him

Be anxious for nothing,  
but in everything by prayer and supplication  
with thanksgiving  
let your requests be made known to God.

*Philippians 4:6*

# How to Cast Your Care upon Him

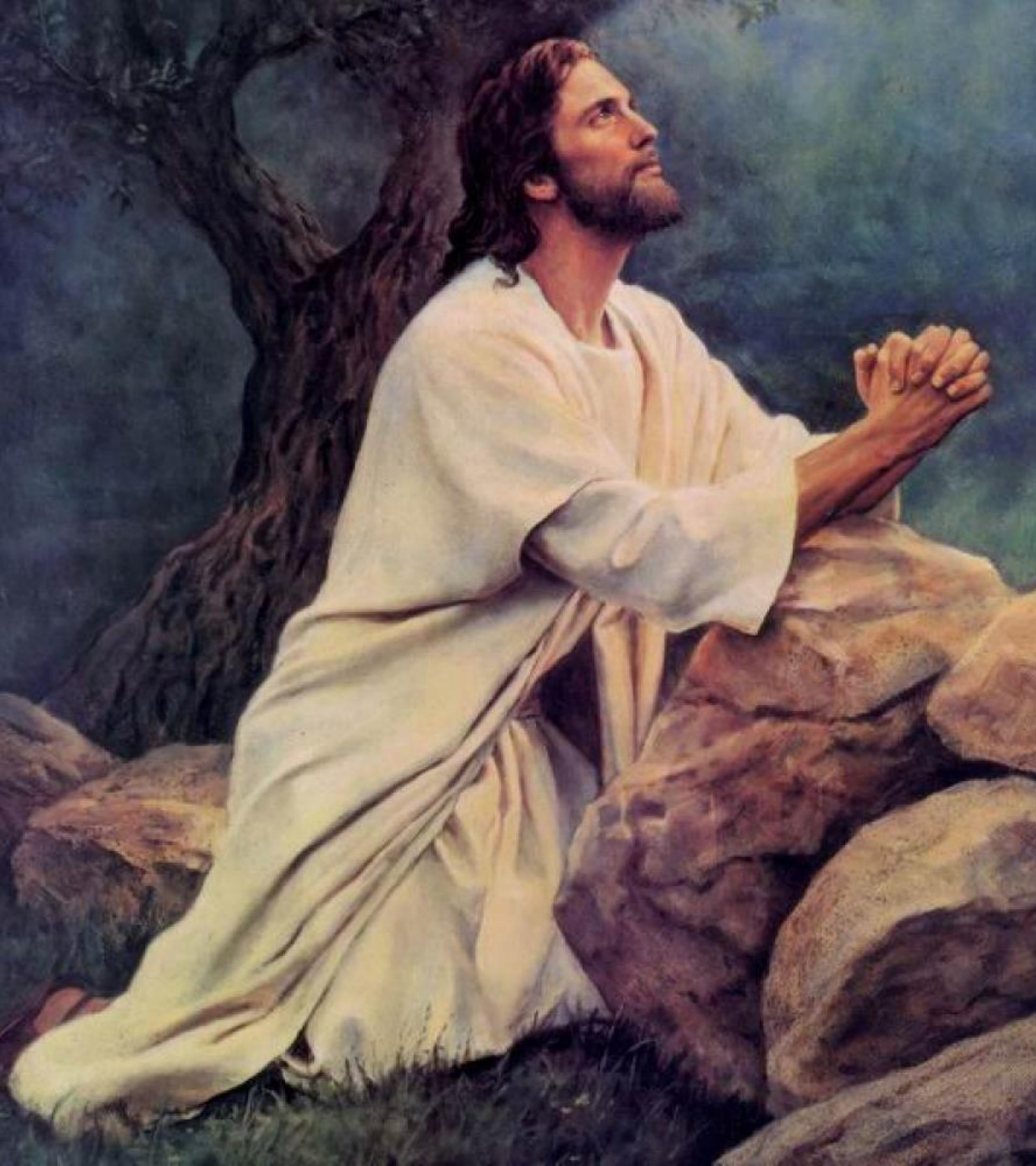


# How to Cast Your Care upon Him



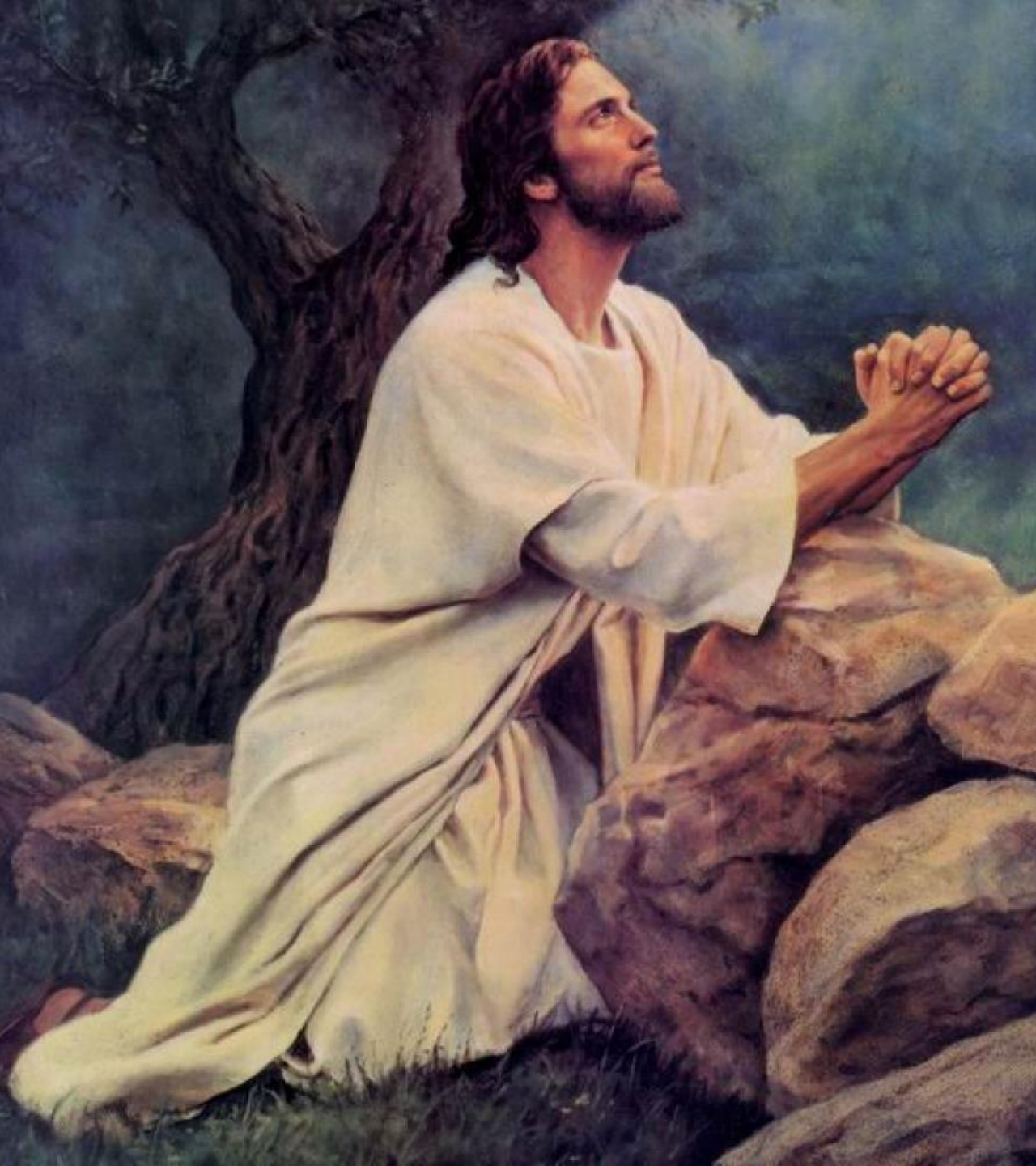
“Hezekiah  
took the letter  
and spread it  
out before the  
LORD and  
prayed . . .”

*Isaiah 37:14-20*



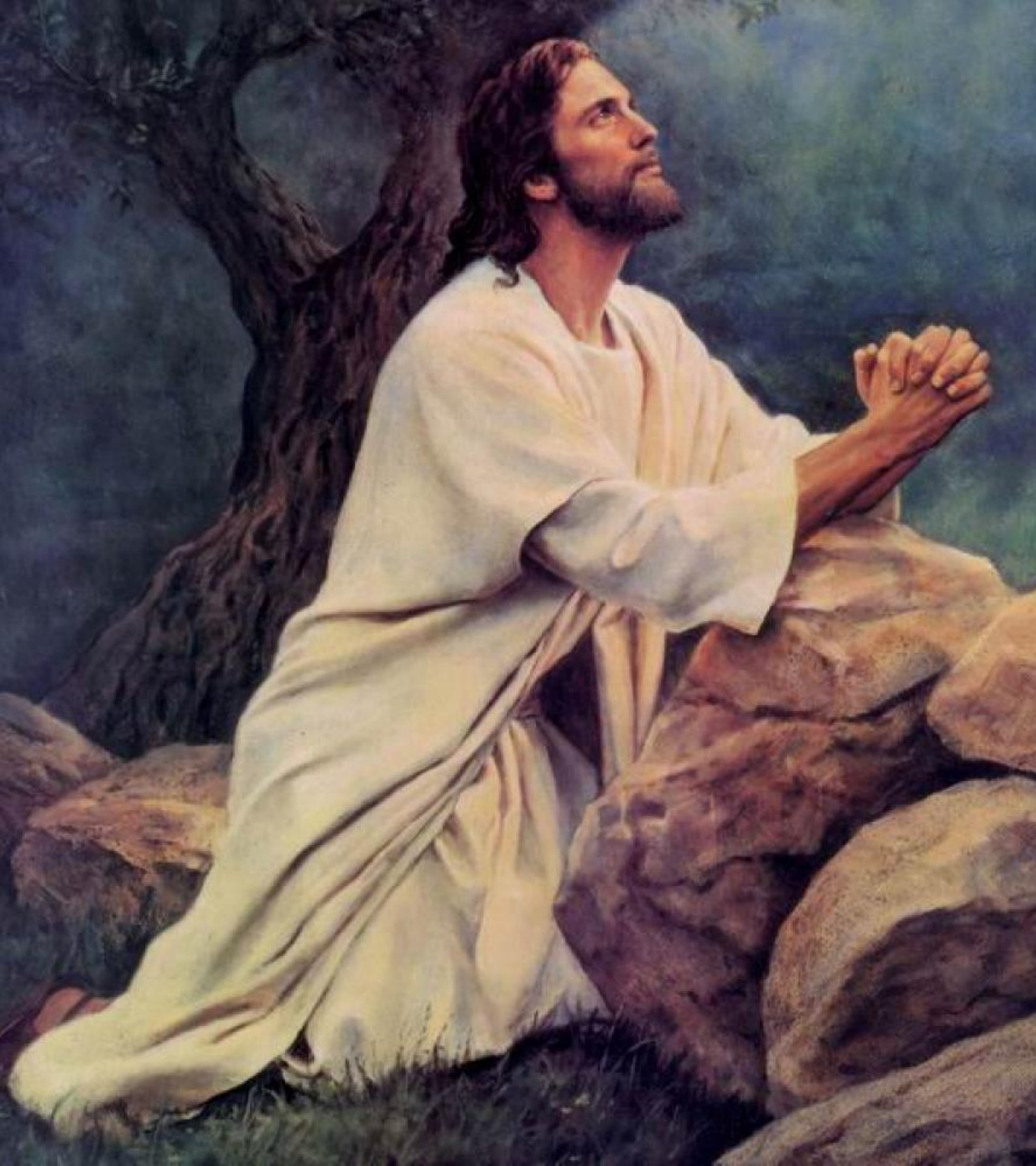
# How to Cast Your Cares Upon Him

*Hebrews 5:7*



## *Hebrews 5:7*

Jesus offered up prayers  
and supplications with  
strong cryings and tears



## *Hebrews 5:7*

Jesus offered up prayers  
and supplications with  
strong cryings and tears

“He was heard because of  
his reverent submission”

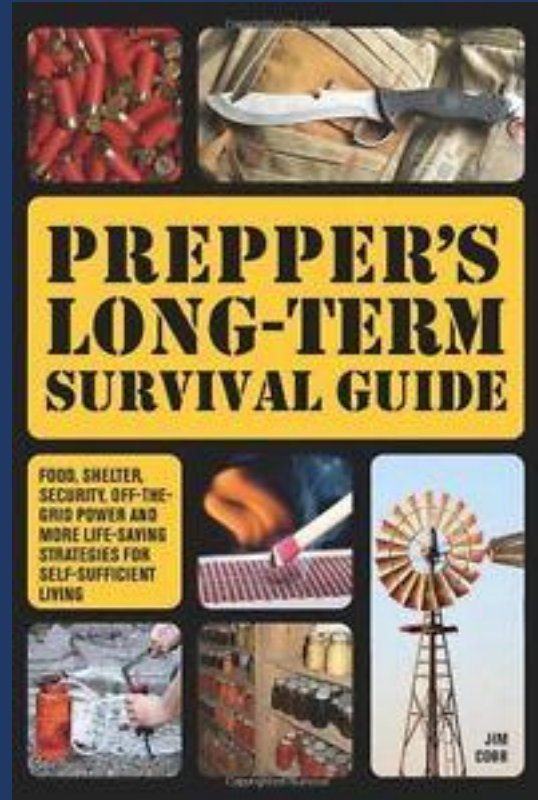
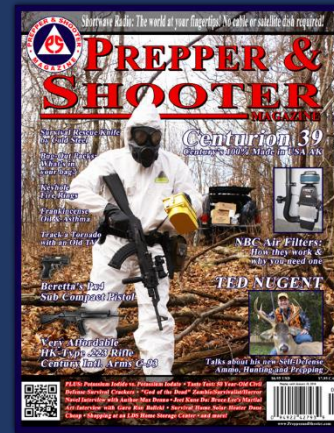
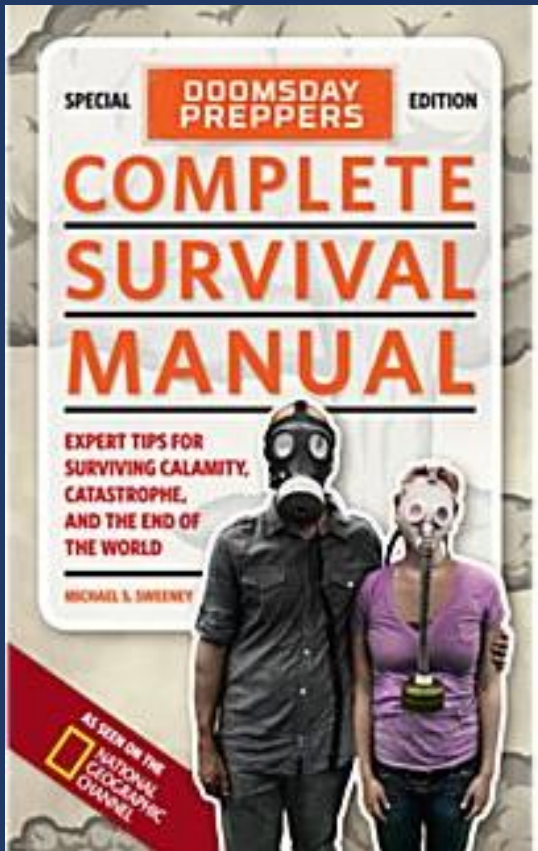
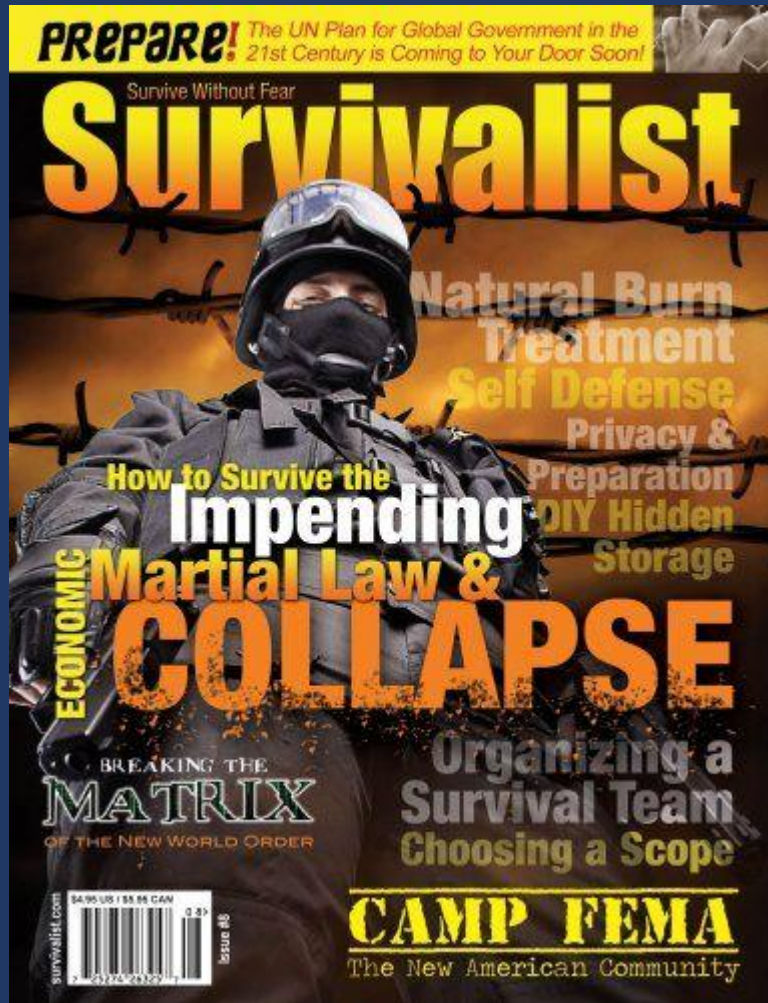
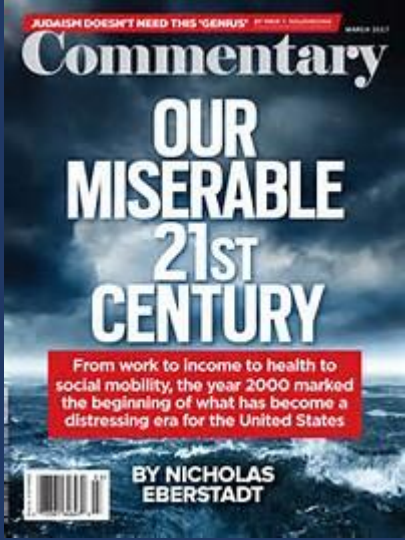


**You are His personal concern!**



# Questions

- Who may cast their cares upon the Lord?
- Why does the New Creation have cares?
- How do we cast our cares upon Him? (Jesus or God?)
- Can we try to give our cares to someone else?
- What evidence can we find that we have or have not cast our cares upon the Lord?
- Why does God invite us to cast our cares upon Him?
- Are Christians supposed to live worry free lives?





He shall  
speak for  
you to the  
people; and  
he will be as  
a mouth for  
you and you  
will be as  
God to him

*Exodus 4:16*

